

Athletics

Esportes

AVENUES SÃO PAULO

In our mission statement, we pledge to graduate students who are “emotionally unafraid and physically fit” and our approach to physical education reflects that holistic commitment to body and mind. Whether through Wellness and Movement, our signature health and physical education program, or competitive team sports that start in 6th grade, Avenues students are supported to pursue excellence and develop the habits that lead to lifelong mental and physical health.

Em nossa missão, nos comprometemos a formar alunos “emocionalmente destemidos e fisicamente preparados”, e nossa abordagem da Educação Física reflete esse comprometimento com o corpo e a mente. Seja no Wellness and Movement (WAM), nosso programa exclusivo de saúde e educação física, ou na prática de esportes competitivos a partir do 6th Grade, os alunos da Avenues recebem apoio para alcançar excelência e criar hábitos que promovem a saúde mental e física ao longo da vida.

University of São Paulo Partnership

Parceria com a USP

Avenues São Paulo soccer student-athletes enjoy access to the world-class sports complex of the University of São Paulo (USP). Avenues provides transportation back and forth to the facilities.

Estudantes-atletas de futebol da Avenues São Paulo possuem acesso ao complexo de esportes de alta qualidade da Universidade de São Paulo (USP). A Avenues oferece o transporte de ida e volta do nosso câmpus às instalações da USP.



Wellness and Movement (WAM)

Wellness and Movement (WAM)

Spanning grades 1-10, Avenues Wellness and Movement (WAM) is a unique health and physical education experience rooted in positive psychology and dynamic play. WAM focuses on social-emotional wellbeing and physical literacy through a comprehensive movement-based curriculum. WAM activities include:

- + Badminton
- + Basketball
- + Dance
- + Futsal
- + Gymnastics
- + Martial arts
- + Spinning
- + Strength and conditioning
- + Yoga
- + Volleyball

Do 1st ao 10th Grade, o Wellness and Movement (WAM) da Avenues é uma experiência única de saúde e educação física baseada na psicologia positiva e no brincar dinâmico. O WAM foca no bem-estar socioemocional e na alfabetização física por meio de um currículo abrangente baseado em movimentos. Atividades do WAM incluem:

- + Badminton
- + Basquete
- + Dança
- + Futsal
- + Ginástica
- + Artes marciais
- + Spinning
- + Força e condicionamento
- + Yoga
- + Vôlei

On-Campus Facilities

Instalações no câmpus

- + Gymnasium
- + Fitness center
- + Two outdoor sports courts
- + Dance and yoga studio
- + Locker rooms

- + Ginásio poliesportivo
- + Academia
- + Duas quadras esportivas externas
- + Estúdio de dança e yoga
- + Vestiários

Our Teams in Leagues

Participação em ligas

South American Sports League (SASL, Brazil and Paraguay)

Boys and girls volleyball and futsal

Friendship Tournament

Boys and girls soccer, volleyball, basketball and futsal

American School of Brasilia Invitationals

Boys and girls varsity basketball and futsal

Lincoln School's Condors Cup, Buenos Aires

Boys and girls varsity volleyball

Avenues Cup

Held each semester, a round-robin, four-team varsity tournament with invited local schools

South American Sports League (SASL, Brazil and Paraguay)

Vôlei e futsal masculino e feminino

Friendship Tournament

Futebol, vôlei, basquete e futsal masculino e feminino

American School of Brasília Invitationals

Varsity de basquete e futsal masculino e feminino

Lincoln School's Condors Cup, Buenos Aires

Varsity de vôlei masculino e feminino

Avenues Cup

Realizada semestralmente, é um torneio em que as equipes varsity de quatro escolas locais convidadas jogam umas com as outras

Championships and Achievements
Campeonatos e conquistas

Teams
Times

JV boys' basketball 2019
American School of Brasília Invitational
tournament champions

18

Total number of sports teams
Número total de times esportivos

JV boys' soccer 2018
Friendship Tournament champions

60+

% of Secondary Division students on at least one team
% de estudantes da Secondary Division em pelo menos um time

JV girls' basketball 2018
Friendship Tournament runners-up

Semester 1

- + Soccer
(boys and girls, JV and varsity)
- + Basketball
(boys and girls, JV and varsity)
- + Cheerleading
(co-ed, JV and varsity)

Semestre 1

- + Futebol
(masculino e feminino, JV e varsity)
- + Basquete
(masculino e feminino, JV e varsity)
- + Cheerleading
(misto, JV e varsity)

JV boys' basketball 2018
Friendship Tournament runners-up

Semester 2

- + Volleyball
(boys and girls, JV and varsity)
- + Futsal
(boys and girls, JV and varsity)
- + Cheerleading
(co-ed, JV and varsity)

Semestre 2

- + Volleyball
(boys and girls, JV and varsity)
- + Futsal
(boys and girls, JV and varsity)
- + Cheerleading
(co-ed, JV and varsity)

JV de basquete masculino, 2019
Campeões do American School
of Brasília Invitational Tournament

JV de futebol masculino, 2018
Campeões do Friendship Tournament

JV de basquete feminino, 2018
Segundo lugar do Friendship
Tournament

JV de basquete masculino, 2018
Segundo lugar do Friendship
Tournament

“In addition to developing physical fitness and healthy habits, our athletics program helps students cultivate sportsmanship and character traits such as leadership, discipline and responsibility.”

“Além de desenvolver preparação física e hábitos saudáveis, nosso programa esportivo ajuda estudantes a criarem espírito esportivo e características como liderança, disciplina e responsabilidade.”

Marcello Mauriz
Director of Athletics

